

**Audience questions from the ICMDA webinar with Dr Rachael Pickering - Caring for victims of torture and ill-treatment
29 September 2022**

1. Sharon: I would like to know if this book has yet been published and how we can access it? <https://integritashealthcare.org/resources/all/torture-introduction>
2. Lauren: What is it that helps you the most to persevere in this difficult work? How do you “fill up” for each new day when it so utterly overwhelming? (I assume God & His Word but maybe some specifics 😊)
3. Anonymous: How do you gain and continue to have access to prisons and victims of torture in countries when/where your involvement will immediately be seen as a potential threat to the established order and to the position and authority of the powers that be?