

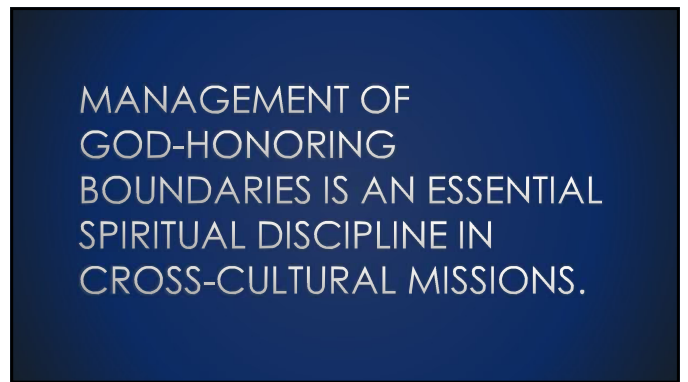
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BOUNDARIES ARE BIBLICAL!

8

EXODUS 18

13 THE NEXT DAY MOSES TOOK HIS SEAT TO SERVE AS JUDGE FOR THE PEOPLE, AND THEY STOOD AROUND HIM FROM MORNING TILL EVENING. 14 WHEN HIS FATHER-IN-LAW SAW ALL THAT MOSES WAS DOING FOR THE PEOPLE, HE SAID, "WHAT IS THIS YOU ARE DOING FOR THE PEOPLE? WHY DO YOU ALONE SIT AS JUDGE, WHILE ALL THESE PEOPLE STAND AROUND YOU FROM MORNING TILL EVENING?"

15 MOSES ANSWERED HIM, "BECAUSE THE PEOPLE COME TO ME TO SEEK GOD'S WILL. 16 WHENEVER THEY HAVE A DISPUTE, IT IS BROUGHT TO ME, AND I DECIDE BETWEEN THE PARTIES AND INFORM THEM OF GOD'S DECREES AND INSTRUCTIONS."

17 MOSES' FATHER-IN-LAW REPLIED, "WHAT YOU ARE DOING IS NOT GOOD. 18 YOU AND THESE PEOPLE WHO COME TO YOU WILL ONLY WEAR YOURSELVES OUT. THE WORK IS TOO HEAVY FOR YOU; YOU CANNOT HANDLE IT ALONE."

9

JESUS USED BOUNDARIES

• MATT 8:18 NOW WHEN JESUS SAW A CROWD AROUND HIM, HE GAVE ORDERS TO DEPART TO THE OTHER SIDE OF THE SEA.

• LUKE 5:16 BUT JESUS HIMSELF WOULD OFTEN SLIP AWAY TO THE WILDERNESS AND PRAY.



10

A BIBLICAL BOUNDARY: SABBATH

- REST
- RECONNECTION
- RECOGNITION OF OUR LIMITATIONS
- RECOGNITION OF GOD'S SOVEREIGNTY.



11

Luke 14:5

He said to them, "Suppose your child or ox fell into a ditch on the Sabbath day. Wouldn't you immediately pull it out?"

Does that mean...

Sabbath doesn't apply to us medics?

12

Jesus Routinely Observed Sabbath

Luke 4:16 - ...on the Sabbath day He went into the synagogue, as was His custom.

13

The **demon-possessed man**, *while teaching in the synagogue* (Mark 1:21-28, Luke 4:31-36)

The **man with the deformed hand**, *while teaching in the synagogue* (Mark 3:1-6, Mt 12:9-13, Luke 6:6-10)

The **woman bent double**, *while teaching in the synagogue* (Luke 13:10-17)

Peter's mother-in-law, in the home of Peter *after teaching in the synagogue* (Mark 1:29-31, Luke 4:38-39, Matt 8:14-15)

The **swollen man**, while eating in the home of a leader of the **Pharisees**, which we can surely assume was **consistent with Sabbath** practice (Luke 14:1-6)

The **crippled man** at the pool of Bethesda, while in Jerusalem for a **Jewish festival** (John 5:1-18)

The **man born blind** (John 9:13) while walking along in Jerusalem.

14

At sunset, after the Sabbath was over, the crowds came and Jesus healed them. (Mark 1:32-34, Luke 4:40-41)

15



16

ISA 40:31

YET THOSE WHO WAIT FOR THE LORD
WILL GAIN NEW STRENGTH;
THEY WILL MOUNT UP WITH WINGS LIKE EAGLES,
THEY WILL RUN AND NOT GET TIRED,
THEY WILL WALK AND NOT BECOME WEARY.

PHIL 4:13

I CAN DO ALL THINGS THROUGH HIM WHO STRENGTHENS ME.

- DOES THAT MEAN...
- "FAITH MAKES US TIRELESS, SO WE DON'T NEED BOUNDARIES?"

17

THOSE VERSES ARE **NOT** PROMISES

ISA 40:31

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THEY WILL MOUNT UP WITH WINGS LIKE EAGLES,
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18

BOUNDARIES ARE BIBLICAL!

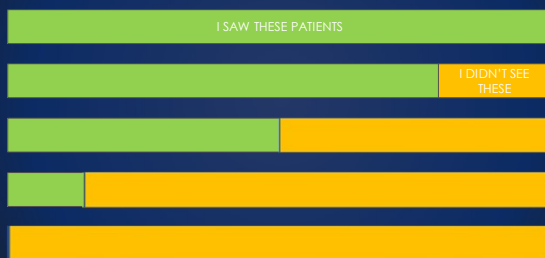
- NOW, TO SOME OTHER CONCEPTS SUPPORTING BOUNDARIES

19

MASS CASUALTY

20

BOUNDARIES – CHANGE YOUR FOCUS



21



- Personnel and Mission
- Who are you towards others?
- Who are you towards yourself?

22

“NO” ALSO
MEANS “YES”

“YES” ALSO
MEANS “NO.”

-STAN HAEGERT

23

Useful Boundaries

- Structure your Situation
- Literal Fence
- Trainees
- Hire
- Schedule
- Sabbath
- Run Away!

24



BUILD A
STRUCTURE
AROUND
YOURSELF

25



LESSONS LEARNED FROM
"OX IN A DITCH" SERVICES

- SHIFTS WITH END-TIMES
- TURNOVER
- TURN OFF PAGER OR OTHER ACCESS.

26



USEFUL BOUNDARIES – A LITERAL FENCE



- FENCE WITH GATE
- GUARD
- ANTECHAMBER
- COUNTER-CULTURAL?
- LIKE JESUS?.

27



USEFUL BOUNDARIES - TRAINEES

- TRAIN PEOPLE
- GIVE RESPONSIBILITY
- ALLOW AUTONOMY
- MODEL BALANCE
- "PREPARE THIS JUNIOR CLINICIAN TO COMPETENTLY AND CONFIDENTLY PRACTICE INDEPENDENTLY"
- ENSURE SABBATH FOR THEM, TOO.



28



USEFUL BOUNDARIES –
HIRE HELP



- ADMINISTRATIVE
- CAPABLE PEOPLE WANT OPPORTUNITIES
- POSSIBILITIES
 - LESSON PREP
 - CHASING LABS
 - CONTACT PATIENTS
 - CHART DATA ENTRY/REVIEW

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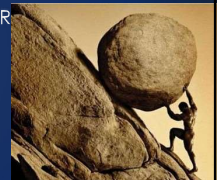


BOUNDARIES - ACTIVELY MANAGE
YOUR SCHEDULE

WHAT DOMINATES: THE WORKLOAD OR YOUR CONTRIBUTION?

(LOCUS OF CONTROL: EXTERNAL OR INTERNAL?)

- FOUR CLINICAL DAYS
- OTHER WORK DAY
- ONE WEEKEND ON CALL.



30

BOUNDARIES – ACTIVELY MANAGE YOUR QUEUE

DO NOT ALLOW OPEN-ENDED QUEUES
WILL NEED GATEKEEPER
OR WARD ROUNDS
OR MEETINGS
OR ADMIN DUTIES


MEET WITH THE BOSS
"HOW SHALL I PRIORITIZE?"



31

BOUNDARY STRATEGY – RUN AWAY!

- MATT 8:18 NOW WHEN JESUS SAW A CROWD AROUND HIM, HE GAVE ORDERS TO DEPART TO THE OTHER SIDE OF THE SEA.
- LUKE 5:16 BUT JESUS HIMSELF WOULD OFTEN SLIP AWAY TO THE WILDERNESS AND PRAY.



32

- MARK 6:31-2 THEN, BECAUSE SO MANY PEOPLE WERE COMING AND GOING THAT THEY DID NOT EVEN HAVE A CHANCE TO EAT, HE SAID TO THEM, "COME WITH ME BY YOURSELVES TO A QUIET PLACE AND GET SOME REST." SO THEY WENT AWAY BY THEMSELVES IN A **BOAT** TO A SOLITARY PLACE.
- MARK 5:45-6 IMMEDIATELY JESUS MADE HIS DISCIPLES GET INTO THE **BOAT** AND GO ON AHEAD OF HIM TO BETHSAIDA, WHILE HE DISMISSED THE CROWD. AFTER LEAVING THEM, HE WENT UP ON A MOUNTAINSIDE TO PRAY.
- MARK 4:35-5 THAT DAY WHEN EVENING CAME, HE SAID TO HIS DISCIPLES, "LET US GO OVER TO THE OTHER SIDE." **36 LEAVING THE CROWD BEHIND, THEY TOOK HIM ALONG, JUST AS HE WAS, IN THE BOAT.**

33

WHAT WILL BE YOUR BOAT?



Photo by Osman Rana on unsplash

34


BOUNDARIES NEED BOUNDARIES



35

UNITY

NEGOTIATE
SHARED
BOUNDARIES



36

- "WE PROTECT OUR SURGEON"
- TAKE PHONE CALLS
- PERMISSION TO DELEGATE
- WRITE EACH OTHERS' SCHEDULE
- SEND ON LONG WEEKENDS
- WHEN OVERFULL, RE-TRIAGE
- COVER FOR EACH OTHER
- CUT NON-VITAL ADMIN FOR EACH OTHER.

MUTUAL SUPPORT

37

HOW CAN TEAMMATES PROTECT YOU?

WHAT BOATS WILL YOU MAKE FOR EACH OTHER?

38

WHAT **NOT** TO DO


- LECTURE LONG-TERMERS ABOUT THEIR UNHEALTHY BOUNDARIES
- AS A SHORT-TERM VISITOR: DEFY LOCAL TEAM BOUNDARIES.



39

MANAGEMENT OF GOD-HONORING BOUNDARIES IS AN ESSENTIAL SPIRITUAL DISCIPLINE IN CROSS-CULTURAL MISSIONS.

Jim@MedSend.org



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GOD-HONORING BOUNDARIES

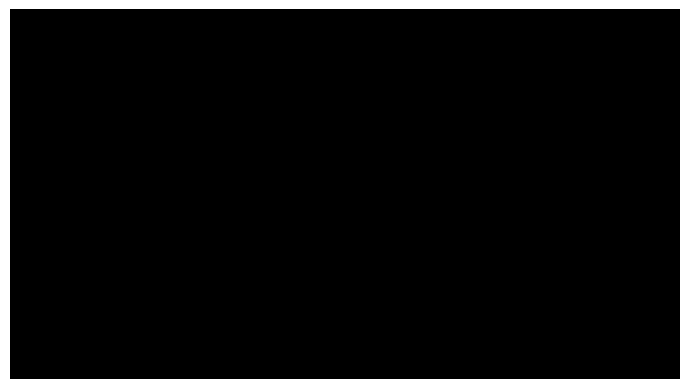
Questions / Comments Welcome



"Boundaries for Healthcare Missionaries" handout



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