

Introduction to Torture and Ill-Treatment Part 2

A webinar for
ICMDA



Overview
Introduction
Care
Advocate
Record
Evidence
Summary
Resources
Q&A

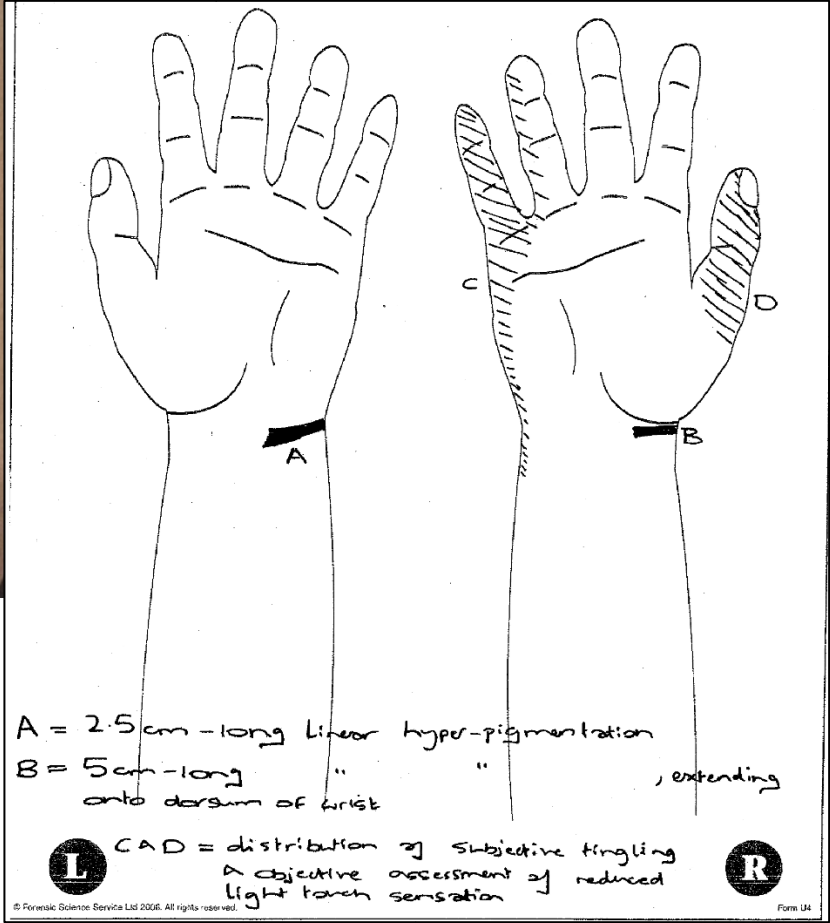
Introduction

- My name is Dr Rachael Pickering
- I am an English family medicine specialist
- I have worked in secure environments since 2007 – places like forensic psychiatric units, immigration detention centres, police stations and prisons
- My special interests behind bars include autism, minor surgery, palliative care, psychiatry and the prevention of torture & ill-treatment
- Increasing numbers of Christian Medical Fellowship UK doctors (including its CEO) work in prisons
- As well as working in English prisons, I am privileged to work internationally including in South-East Asia and the Western Pacific
- In 2012 I co-founded Integritas Healthcare, a small non-government organisation (NGO) with a **heart** for detainees and bases in the UK and Western Pacific

Integritas Healthcare Healthcare



Integritas Healthcare Healthcare Expertise



Integritas Healthcare

Healthcare

Expertise

Advocacy



Integritas Healthcare

Healthcare

Expertise

Advocacy

Research



Integritas Healthcare

Healthcare

Expertise

Advocacy

Research

Training



Introduction

● Summary of Part 1:-

- Torture and Ill-Treatment (TAIT) reaches around our globe
- Definitions:-
 - Council of Europe (CoE) doesn't define
 - United Nations (UN) is specific regarding severity and perpetrator, and excludes corporal & capital punishment
- International Humanitarian Law (IHL):-
 - National legislation eg UK's Human Rights Act
 - CoE: European Convention of Human Rights (ECHR): Article 3
 - UN: Convention Against Torture (CAT)
- Types:-
 - Torture:-
 - Environmental
 - Physical
 - Psychological
 - Sexual
 - Wider ill-treatment
- Response:-
 - Depends upon your location and skill set
 - We can all pray

Introduction

- This webinar may be upsetting
- You may contact us for emotional first aid and signposting to formal help

- How should we **care** for TAIT victims?
 - a**ssess and treat illnesses
 - r**efers to specialists
 - e**xpect problems



Care

Advocate

- How should we **advocate** for TAIT victims?
 - don't** worry
 - verbal-v-written**
 - one-v-group**
 - consent** first
 - ask** them
 - truth-to-power**
 - expect** flack



• How should we record TAIT victims?

exact

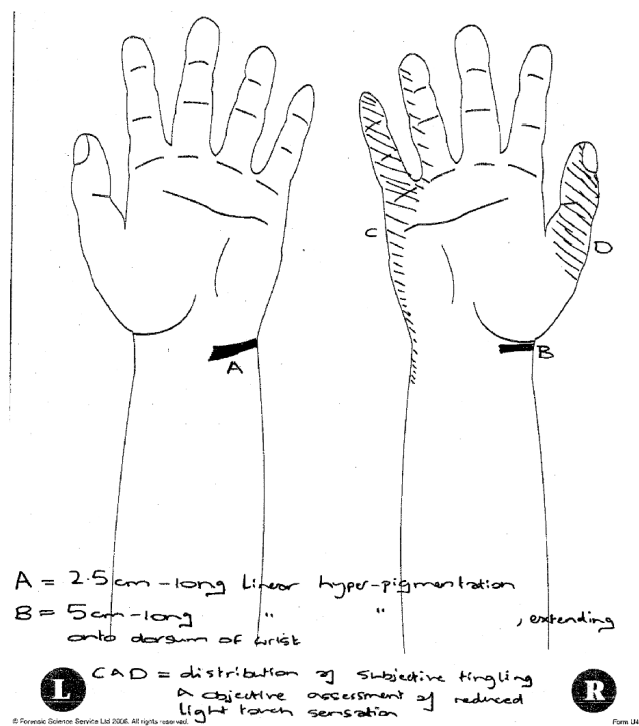
confidential

objective

reason

details

Record



Evidence

- How should we **evidence** TAIT victims?
 - v**erify sources
 - i**stanbul protocol
 - d**rawings-and-photos
 - e**xpert-v-professional
 - n**ot necessarily
 - c**onsult expert
 - e**xpect scrutiny



POLICY AND METHODOLOGICAL PUBLICATIONS

Istanbul Protocol: Manual on the Effective Investigation and Documentation of Torture and Other Cruel, Inhuman or Degrading Treatment or Punishment (2022 edition)

- **C**are: don't forget non-TAIT needs!
- **A**dvocate: bespoke approach
- **R**ecord: details matter
- **E**vidence: professional-v-expert

Summary

Resources

- Books:-
 - [East Street, West Street](#)
 - [Good News about Injustice](#)
 - [Introduction to Torture and Ill-Treatment](#)
 - [The Heavenly Man](#)
 - [Torture Team](#)
 - [Tortured for Christ](#)
- Guidelines:-
 - [Bangkok Rules](#)
 - [Istanbul Protocol](#)
 - [Nelson Mandela Rules](#)
- Organisations:-
 - [Association for the Prevention of Torture](#)
 - [Committee for Prevention of Torture](#)
 - [Dignity](#)
 - [Freedom From Torture](#)
 - [Helen Bamber Foundation](#)
 - [Integritas Healthcare](#)
 - [Subcommittee on Prevention of Torture](#)
- Other learning options include:-
 - [Health & Justice Track](#)
 - The rest of this webinar series

- Thank you for your kind attention
- Do you have any questions?
- Information about Integritas Healthcare may be found at www.integritashealthcare.org
- Feel free to contact us on office@integritashealthcare.org
- Join us next time for Part 3 when we'll be discussing detection, prevention and monitoring

Q&A