





- 1. The Principles of true Family Medicine show the HEART OF GOD!
- 2. Unique ministry to the <u>WHOLE PERSON</u>, the <u>WHOLE FAMILY</u>, and the whole community.
- 3. There is a **GLOBAL VOID**...
- 4. There is a **GLOBAL CALL**!
- 5. The **ECOLOGY** of medicine...
- 6. The LORD IS LEADING in this direction!



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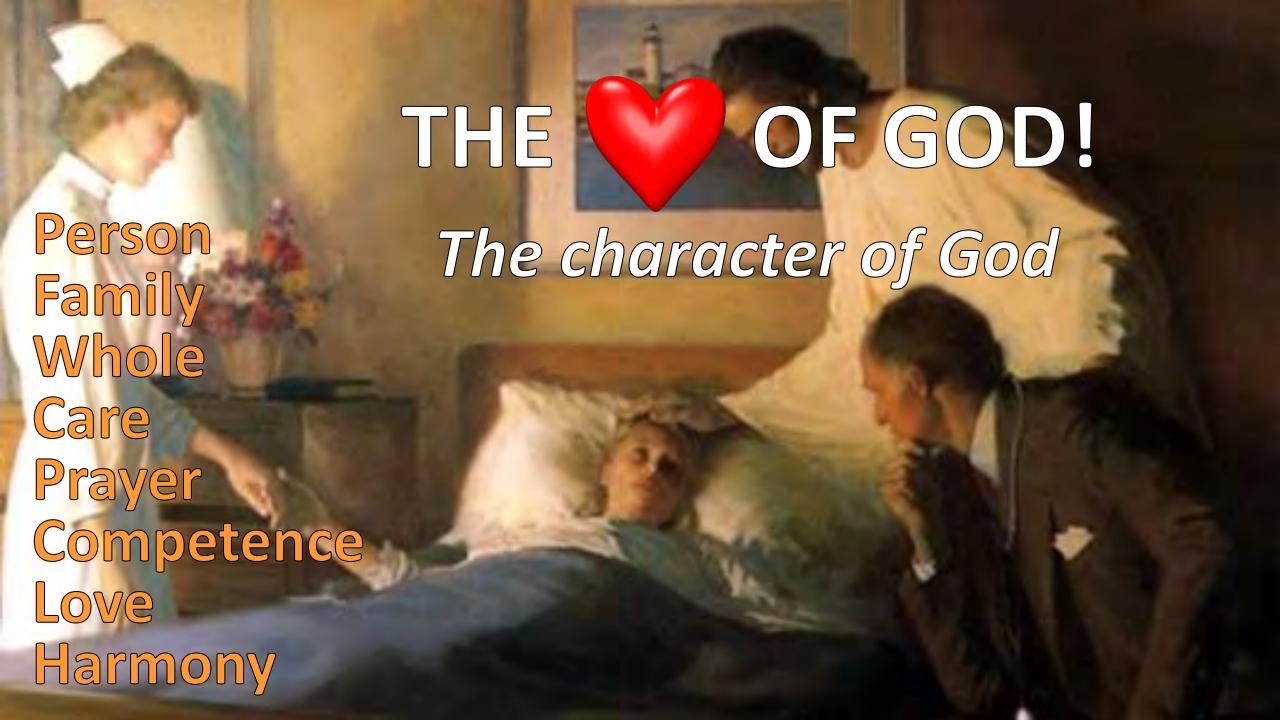
A Family Physician seeks to promote whole person health whole family health & whole community health, including that of himself & his family!







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Clinical Review

Family medicine around the world: overview by region

The Besrour Papers: a series on the state of family medicine in the world

Neil Arya MD CCFP FCFP DLitt Christine Gibson MD FCFP MMedEd DTM&H David Ponka MD CM CCFP(EM) FCFP MSc Cynthia Haq MD Stephanie Hansel MSc Bruce Dahlman MD MSHPE FAAFP Katherine Rouleau MD CM CCFP MHSc

FM around the world

The VOID!

3:June 2017

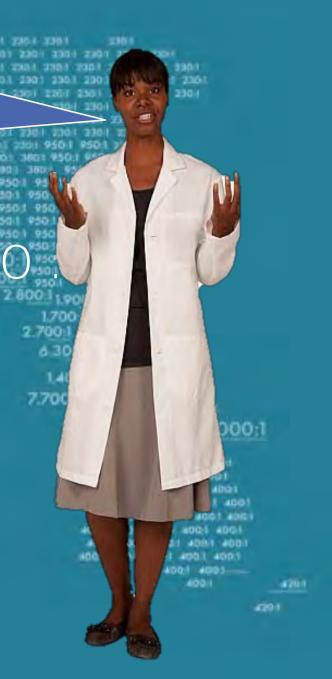
Sub-Saharan Africa

- FM training started in South ____ 1968
- Nigeria started in 1980s
- 74% of countries do NOT have FP training! (40/54)
- Lack of trained FP teachers...
- People-to-physician ration 50 000:1

We need many more doctors & more FPs!

5001 3001 2001...





In South Africa

- While there have been beautiful initiatives + FM educational outreaches to other African countries,
- In 2018: Only 1000 registered Family Physicians!
 after 50 years of training...
- <30% are in the public sector</p>
- In 2019: Only 0.16 FPs/10 000 population
- ❖ From all 8 medical schools, a total of only 27 new FPs qualify every year!!! 3 FPs/medical college

FM around the world – Canadian FP. Vol63:June 2017

North America/W-Europe/Oceania:

- FM training started in Canada + UK in 1960s
- Started in US in 1969

Latin America started 1970s and 1980s

Brazil have 40 000 family health teams (1990s),
 but <15% led by trained FPs!!!!

FM around the world - Canadian FP. Vol63:June 2017

Middle-East/North Africa

- PG FM training since 1980s and 1990s
- In 2011: 31 FM programs, graduating only 182 FPs/year!!!
 - 6 FPs/program

FM around the world - Canadian FP. Vol63:June 2017

Russia/ Central Asia/Eastern Europe

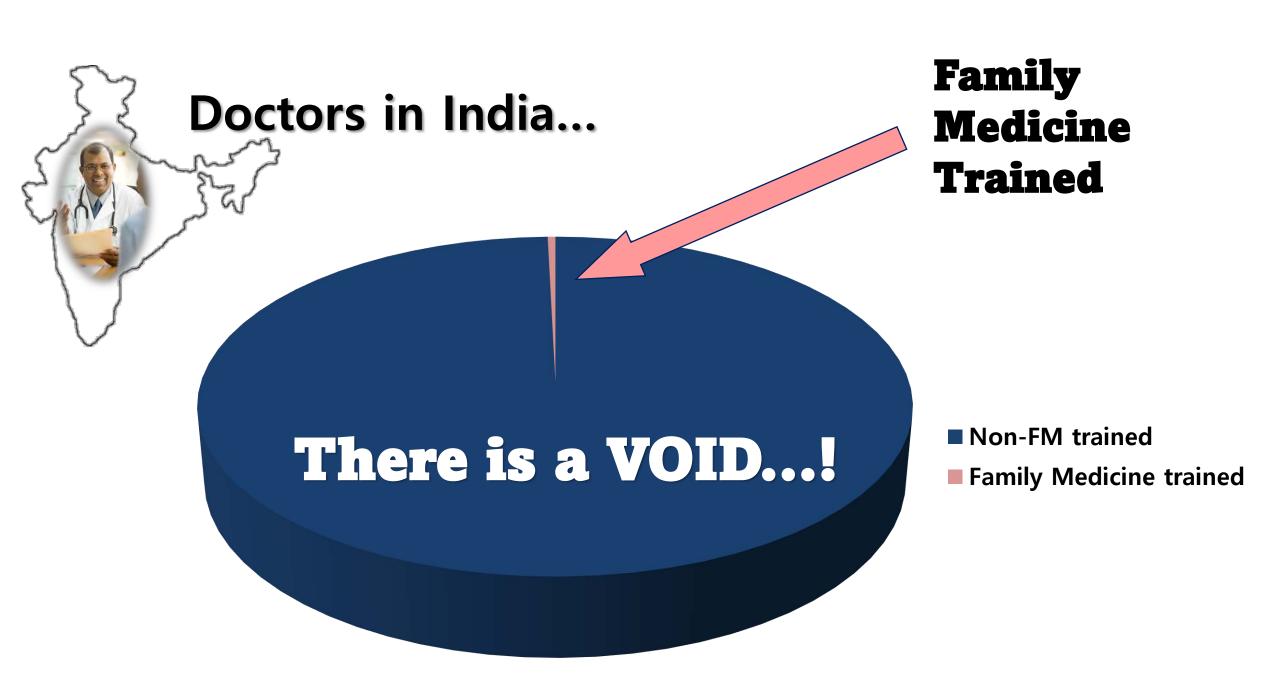
Still struggle to accept

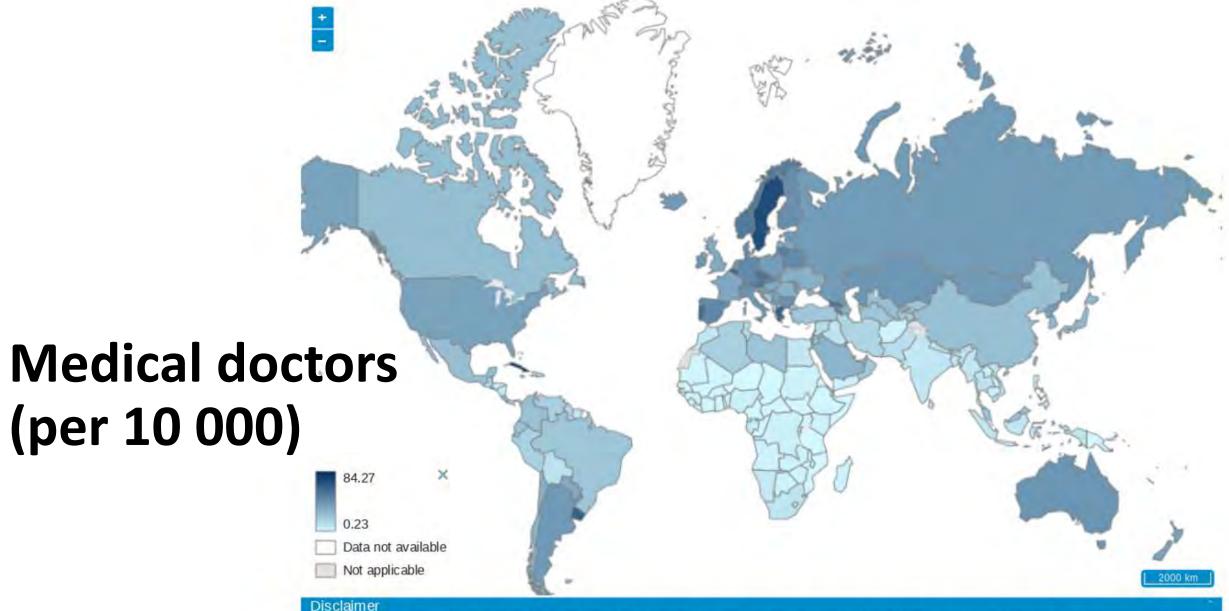
<u>Asia</u>

- PG started in 1970s (Singapore), 1983 (India)
- China (2010) only 5% of >2.3 million doctors are FPs or FP assistants!!

In India

- > FM recognised in early 1980s (40 years ago).
- In India = Only 0.008% (5/600) of medical colleges have a FM department!
- In 2020: The MCI new 890-page MBBS curriculum does not mention the words "General Practice" or "Family Medicine" or "Family Physicians"...
- ➤ Over last 15 years >4000 doctors were trained in Family Medicine through CMC Vellore...

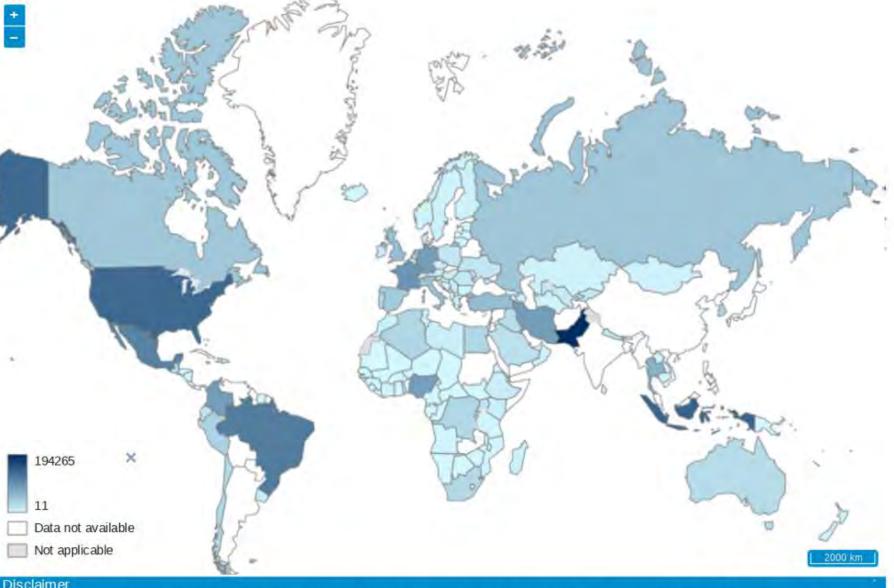




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Generalist medical practitioners (numbers)



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Specialist medical practitioners (numbers)



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THE "WHO" CALL:

World Health Report (2008),

'Primary health care: Now more than ever!'

- ✓ Move away from hospital-centeredness
- ✓ Focus on comprehensive health care services at the local and district levels.
- ✓ Practice people-centered care
- ✓ Practice COPC
- ✓ TRAIN & RETAIN ADEQUATE NUMBERS

 OF ...PHCNs, midwifes, allied health
 professionals and FAMILY PHYSICIANS, able
 to work in a multi-disciplinary context.

The World Health Report 2008

Primary Health Care

Now More Than Ever



GOD IS CALLING more doctors to practice

FAMILY MEDICINE!



GOD IS CALLING
more doctors to practice
Christ-centred

FAMILY MEDICINE!



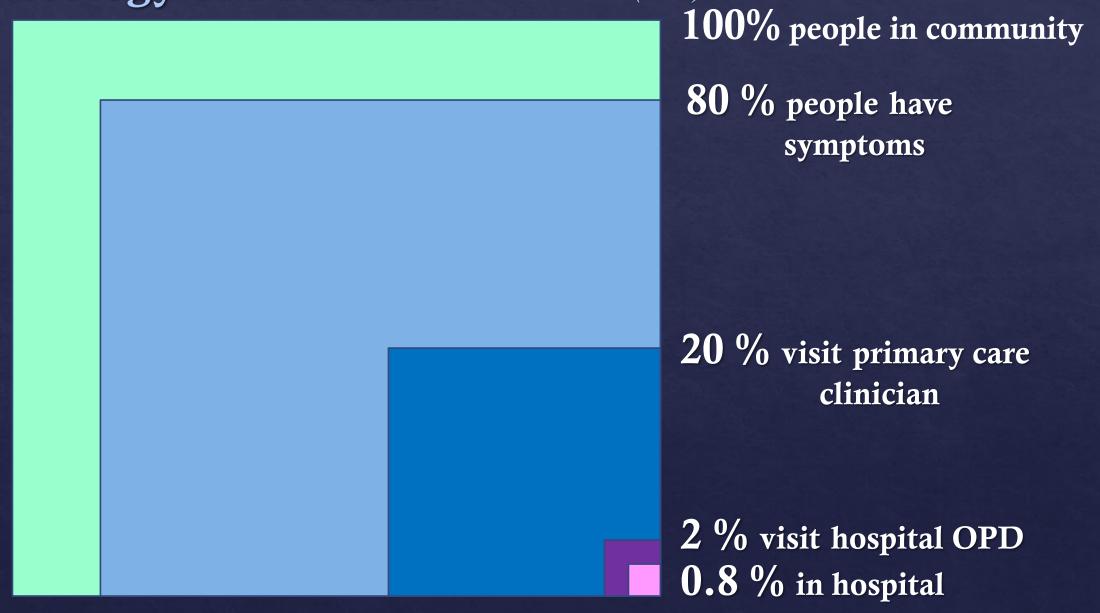
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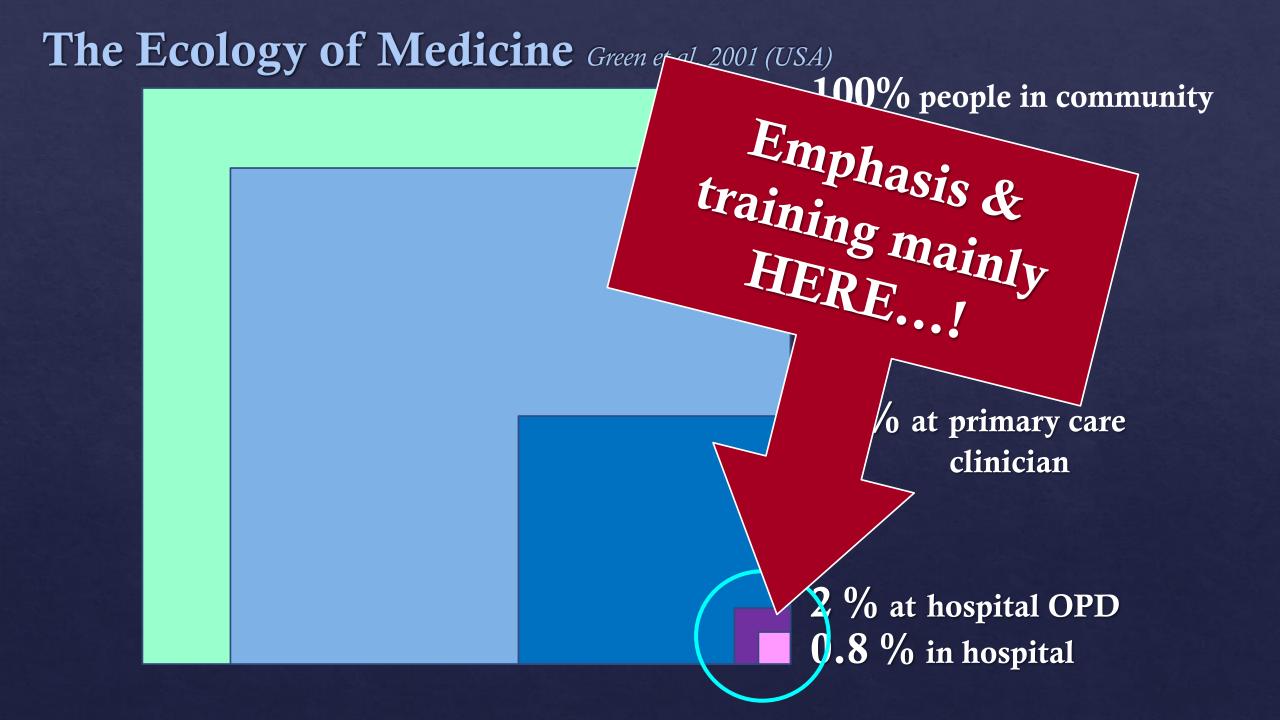
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The Ecology of Medicine Green et al. 2001 (USA)





The Ecology of Medicine Green et al. 2001 (USA)

The place of the Family Physician + PHCN + CHWs!

> The place of the Family Physician!

100% people in community

80 % people have symptoms

20 % at primary care clinician

2 % at hospital OPD 0.8 % in hospital

There is a great need for family physicians!!!

The place of the Family Physician + PHCN + CHWs!

> The place of the Family Physician!



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LEADING of the LORD...

- Tamily Medicine revival & development
- **⇒** Family Physician training 个
- Christian FP educators, especially in India, South Africa, Central Africa, East-Asia, Central Asia, UK, USA, etc.
- **○** CMC + ICMDA + LLU were led by the Lord to expand the training internationally...

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LEADING of the LORD...



The question is – "HOW?!"



Promoting Family Medicine Worldwide



The HOW...!

Dr Jachin Velavan

CHRISTIAN MEDICAL COLLEGE

VELLORE – 632 004, TAMIL NADU, INDIA
DEPARTMENT OF DISTANCE EDUCATION

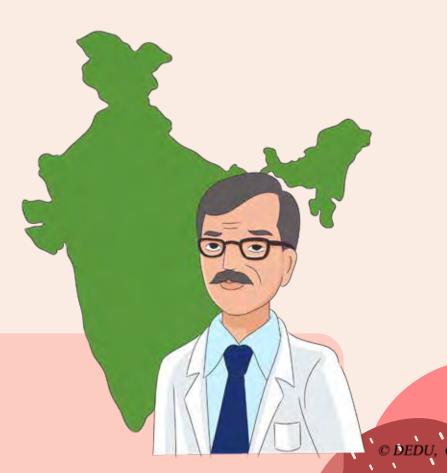


So, How do we create these FPs?

- ★ Examples living!
- ★ Courses UG & PG (certificates; diplomas, degrees)... Residential/ Blended learning...
- ★ Publications books, articles, apps
- ★ Organizations FP (WONCA; AFPI, etc.) & ICMDA, etc.
- ★ IT Online modules; webinars; Apps!!!

How?

The Indian Experience



1. Example!



2. Courses



DNB Family Medicine – by NBE since 1988 – 3 year Residential

chrome-

<u>extension://efaidnbmnnnibpcajpcglclefindmkaj/https://nbe.edu.in/mainpdf/curriculum/old240821/family-Medicine.pdf</u>

Diploma Family Medicine – by NBE since 2021 – 2 year Residential

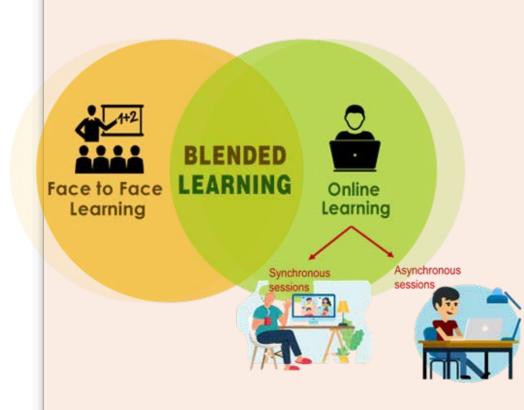
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<u>extension://efaidnbmnnnibpcajpcglclefindmkaj/https://nbe.edu.in/mainpdf/curriculum/diploma/Diploma%20-%20Family%20Medicine%202021.pdf</u>

<u>Pati S, Sharma A, Pati S, Zodpey S. Family medicine education in India: A panoramic view. J Family Med Prim Care. 2015 Oct-Dec;4(4):495-500. doi: 10.4103/2249-4863.174264. PMID: 26985405; PMCID: PMC4776598.</u>

- PGDFM PG Diploma in Family Medicine by CMC
 Vellore 2 year Blended Learning
- Since 2006 Take the education to them rather than have the already-lean healthcare workforce leave their service area

Blended Learning Approach



Blended Learning Approach

- Self-learning modules
- Tailored skills training
- Face-to-face contact sessions
- Video-conferencing
- Pre-recorded videolectures

Current National Regional centres being used for training by CMC Janema - Kasterie 20 L. RURSA, CMC, Vellore, Treed Nada 2. SMIII, Ranipet, Jamil Nada A. CER. Oddsarbstraw, Tond Nado 4. Rollway Haupital, Chemnal, Tamil Name 5. St. Martha's Hospital , Hangalore, Karastaka 6. Reptist Hospital, Bengalore, Karnataha 7. MOSC Medical College, Koloschery, Kerula 8. Vijay Marie Hospital, Bederahad, Andhra 🎮 9. Umri Christian Bospital, Maharashtra 10. Chiachpada Hespital, Maltarushtra 15. Padhar Hospital, Madhya Prodesh 17. Evangelical Hospital, Tilda, Chiartisgorgh () Duncan Hospital, Razaul, Bihar 14. GEMS Hospital, Debri-on-may, Bibar-15: Fremjyeti Hospital, Barbarwa, Jharkhand 6. Kachber Mission Hospital, Uttar Produch 7. Jiwan Jyoti Hospital, Robertsganj , Etter Predich 🖔 8. Broadwell Hospital, Fatchpur, Litter Friedrich 9. Landser Hospital, Mussoorie, Uttarakhand 30, DCH, Herbertner, Ulturakhand 1. St. Stephens Hospital, Delki 22. Mission of Morey Bospital, Kelkuta, West Bengal 23. The Laprony Mission Hospital, Staffatti, West Beugal 24. Siligari, West Bengal. PGDFM 25. CHRSR, Discapur, Nagatand 26. Burrows Memorial Hospital, Aligar, Assam. 17. Reprint Bospital, Terpur, Amara 28. Asha Kiran Hospital, Orissa 29, Graham Staines Hospital, Bartpada, Ovina. 30. Berhampur Christian Hospital, Ortuga 31. Fort Blair, Andamann

Decentralised Approach

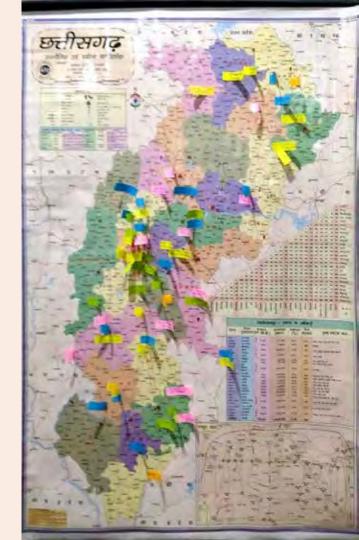


WORKING WITH THE GOVERNMENT:

 PGDFM - PG Diploma in Family Medicine – FOR GOVT DOCTORS

- Bihar
- Uttarakhand
- Chhattisgarh
- Meghalaya

State of Chhattisgarh – 150 doctors / batch





Onsite Contact Program



Practicing Consultation Skills





3 stage
Assessment
during Ward
Rounds







Gentle
Physical
Examination



Back Examination



Life Saving
Skills - NNR
Practice



Caring for Antenatal mothers





REDMI NOTE 9 PRO AI QUAD CAMERA

ANC - JSS



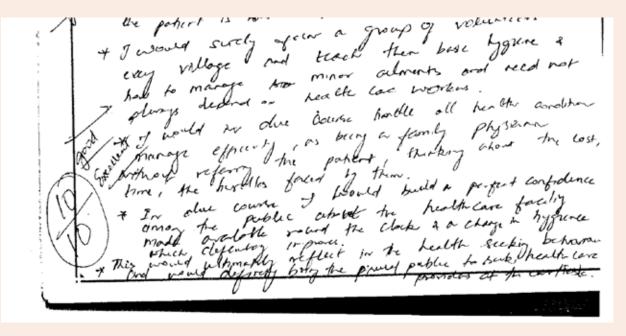
Home visits

Impact



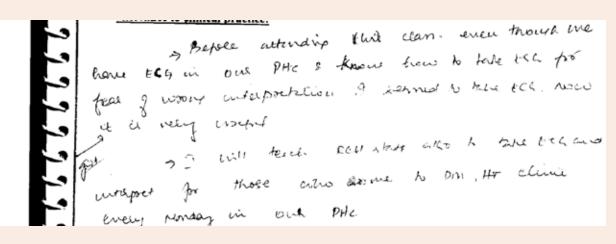
Govt doctors feedback - Dr Prasannakumar





• I would in due course handle all conditions, manage efficiently as being a family physician without referring the patient thinking about the cost, time and hurdles faced by them.

Govt doctors feedback -Dr Jeyalaxmi



- Before attending this class, even though we have ECG in our PHC and know how to take ECG, for fear of wrong interpretation I refused to take ECG.
- Now it is very useful; I will take ECG for all those who come to the DM/HT clinic on Monday in our PHC

Govt doctors feedback – Dr. Prawin



Relevance to clinical practice:

- Of heally want to keep in mind the great need in rural hadin and the poorest of the poor. This is my focus.
- (a) Since I'm now in a Primary Health Centre, I will try my best to be a competent family physician.
- B. Have decided to invest my time a knowledge with my 4 staffnurses, 2 ANM and 6 Village Health Nurses, teaching Mcm what i've learned here do the basic I minary care management.
- I really want to keep in mind the great need of rural India.....
- Since I am now in a PHC, I will try to be a competent Family Physician.
- Have decided to invest my time and knowledge with my 4 staff nurses, 2 ANMs & 6 VHNs, teaching them primary care management.

3. Publications





PMCID: PMC3893956 PMID: 24478992 Can Credit Systems Help in Family Medicine Training in Developing Countries? An Innovative Concept - PMC (nih.gov)



J Family Med Prim Care, 2014 Jul-Sep; 3(3); 183-187, doi: 10.4103/2249-4863.141596

PMCID: PMC4209667 PMID: 25374849

Can Credit Systems Help in Family Medicine Training in Developing Countries? An Innovative Concept

J. Beulah Raji, Jachin Velavan, Sahaya Anbarasi, and Liz Grant¹

· Author information · Copyright and License information Disclaimer

See commentary "Why Genetically Modified Food Need Reconsideration Before Consumption?" on page 188. See commentary "Food for Thought" on page 191.

Abstract

Go to: +

There is irrefutable evidence that health systems perform best when supported by a Family Physician network. Training a critical mass of highly skilled Family Physicians can help developing countries to reach their Millennium Development Goals and deliver comprehensive patient-centered health care to their population. The challenge in developing countries is the need to rapidly train these Family Physicians in large numbers, while also ensuring the quality of the learning, and assuring the quality of training. The experience of Christian Medical College (CMC), Vellore, India and other global examples confirm the fact that training large numbers is possible through welldecimed blanded learning programs. The question then arises as to how these programs can be

J Family Med Prim Care, 2012 Jan-Jun; 1(1): 3-6.

"The Refer Less Resolve More" Initiative: A Five-year Experience from CMC V doi: 10 4103/2249-4863 94439 India

 Author information - Copyright and License information
 Disclaimer Jachin Velavan This article has been <u>cited by</u> other articles in PMC.

India's one billion plus strong population presents huge health care needs. Preser India's one billion plus strong population presents nuge neath care needs. Preser 250,000 general practitioners and 30,000 Government doctors are a part of the I Workforce, but 80% of them are based in urban India. Problems which plague he worktorce, but out of them are pased in urban india. Problems which plague in and attributed to physician practice may be enumerated as - physicians (1) lack lead undering (2) proposible implies that the problems are passed in urban india. and attributed to physician practice may be enumerated as - physicians (1) lack and attributed to physician practice may be enumerated as - physicians (1) lack and attributed to physician practice may be enumerated as - physicians (1) lack and attributed to physicians (2) lack and attributed to physician practice may be enumerated as - physicians (1) lack and attributed to physician practice may be enumerated as - physicians (1) lack and attributed to physician practice may be enumerated as - physicians (1) lack and attributed to physicians (2) lack and attributed (2) lack and attributed to physicians (2) lack and attributed to phys (4) practice unethically, (5) refer excessively to specialists and other clinical p investigate for diseases without justification. A multi-competent Family Physics

provide a single-window, ethical, and holistic healthcare to patients and fam hour. Therefore, training, equipming, and empowering these 250,000 doctor

"The Refer Less Resolve More" Initiative: A Five-vear Experience from CMC Vellore, India - PMC (nih.gov)



Demographic profiling of students: an advocacy tool for family

Jachin Velavan 🔀 sahaya Anbarasi, Shital Bhandary, Rashmi Vyas medicine First published: 28 April 2015 | https://doi.org/10.1111/medu.12710

What problems were addressed? under 5 years, most of which are caused by infections, and struggles with supporting 64 million people with diabetes. Large numbers of well-trained, multi-competent family physicians are needed to address this dual burden of disease in India. However, training opportunities are limited and there is no mandated system of revalidation for the 250 000 private practitioners and 30 000 government doctors who function as primary care

1990. The government struggles to release the already lean health workforce for 3 years of training. A 2-year postgraduate diploma in family medicine was started as a blended learning programme (distance learning and hands-on components) in 2006 by the Christian Demographic profiling of students: an advocacy tool for family

medicine - Velavan - 2015 - Medical Education - Wiley Online Library

CURRENT ARCHIVES SUBMISSIONS CALLS FOR PAPERS HOME ARCHIVES NOT IND 2 DOIS BLUKATING FOR HEALTH GLOBALLY AND THE FORMATIVE YLADS Evaluation of community health worker training course TOOLS SHARE Nicole Butcher the focus frequencing extension Adeline Sitther Chattan Med we -- will Every year, India witnesses 56 000 maternal deaths and 1.83 million deaths in children aged Jachin Velavan Elizabeth John Crement Mystics On the Victor Mary Chandra Thomas I had continue of the green one Nathan Gritte (i) mak private practitioners and properties of the country's 1.2 billion-strong population.

physicians to the country's 1.2 billion-strong population.

physicians to the country's 1.2 billion-strong population.

There have been very few takers for residential courses in family medicine offered since Dol: https://doi.org/10.15856/0jph.vsiz.162

There have been very few takers for residential courses the already lean health workforce for 3 years of the physician of the country few takers for residential courses the already lean health workforce as a blended. M HTML HIGHEST B 2016-11-08

ABOUT -

GLOBAL HEALTH

Evaluation of community health worker training course effectiveness in India I Christian Journal

for Global Health (cigh.org)

training

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Sangeetha Balaji <sup>1</sup>, Monsurul Hoq <sup>2</sup>, Jachin Velavan <sup>1</sup>, Beulah Raji <sup>1</sup>, Eva Grace <sup>1</sup>.
 Sara Bhattacharji 1, Nathan Grills 3
  PMID: 31463236 PMCID: PMC6691404 DOI: 10.4103/jfmpcjfmpc_410_19
   Free PMC article
```

Context: Polypharmacy and inappropriate medication usage is one of the world's most important public health issues. Yet in rural India, where medications are readily available, little is known about

Aim: This study explores factors related to polypharmacy in rural India to inform the response.

Settings and design: A household survey was conducted by community health trainees, across 515 Indian villages collecting medication prescription and usage information for single illness in the past

Statistical analysis used: Bivariate logistic regression and multivariate generalized estimating

equation analysis were used to explore associations with polypharmacy.

https://pubmed.ncbi.nlm.nih.gov/314632 36/

https://onlinelibrary.wiley.com/doi/full/10.11 11/medu.13846



medical education

Really Good Stuff: Lessons learned through innovation in medical education - @ Full Access

Cost-effective primary health care training using a blended learning model

Jachin Velavan 🕿 Sahaya Anbarasi, Adeline Sitther, Sheela Arun

First published: 11 March 2019 | https://doi.org/10.1111/medu.13846







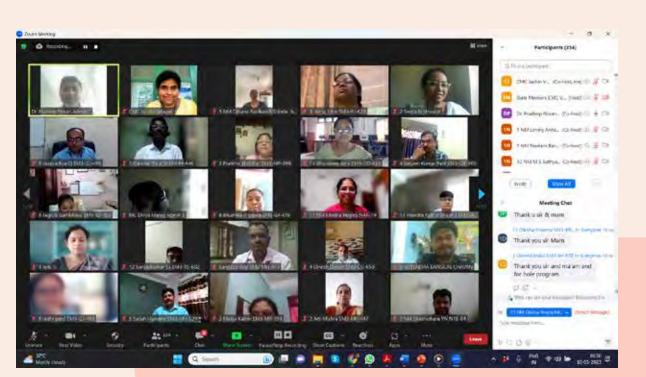
What problems were addressed?

he health indices of India's 1.2 billion-strong population are dismal and the sustainable evelopment goals (SDGs) seem unattainable with poor access to health care, which itself is ecialist oriented and expensive. Annually, India loses about 45 000 mothers to pregnancy-Methods and material: Polypharmacy was defined willages were collected on medication was defined and increasing number of diabetics live in India! However, 80% of the health medications for single illness. Data from 515 rural India villages were collected on medication was defined and increasing number of diabetics live in India! However, 80% of the health blems do not need doctors but are prevented and treated by very simple increasing number of diabetics live in India! However, 80% of the health seems do not need doctors but are prevented and treated by very simple increasing number of diabetics live in India! However, 80% of the health seems do not need doctors but are prevented and treated by very simple increasing number of diabetics live in India! However, 80% of the health seems do not need doctors but are prevented and treated by very simple increasing number of diabetics live in India! However, 80% of the health seems do not need doctors but are prevented and treated by very simple increasing number of diabetics live in India! However, 80% of the health seems do not need doctors but are prevented and treated by very simple increasing number of diabetics live in India! However, 80% of the health seems do not need doctors but are prevented and treated by very simple increasing number of diabetics live in India! However, 80% of the health seems do not need doctors but are prevented and treated by very simple increasing number of diabetics live in India! However, 80% of the health seems do not need doctors but are prevented and treated by very simple increasing number of diabetics live in India! However, 80% of the health seems do not need doctors but are prevented and treated by very simple increasing number of diabetics live in India! However, 80% of the health seems do not need doctors but are prevented and treated by very simple increasing number of diabetics live in India. ated problems and about 800 000 children aged under 5 to pneumonia, diarrhoea and ilems do not need doctors but are prevented and treated by very simple interventions. government-trained ASHA (accredited social health activist) workers, although effective ne areas, often lack motivation. What is needed now is a large committed, well-trained

What was tried?

In response to this need, the Community Lay-leaders Health Training Certificate Course 1 sure started in 2011 by the Distance Education Department of the Christian Medical Colle

4. Organisations





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Global Family Doctor

I arm searching for:

Q SEARCH

About WONCA

News

Conferences

WONCA Regions WONCA Groups Member Interest International Issues

Resources for GPs/FPs

WONCA World Conference 2023

26 Oct - 29 Oct , 2023

Dates: 26 - 29 October 2023, with WONCA meetings being held from 18 October 2023

Venue: International Convention Centre (ICC), Sydney, Australia

Host: Royal Australian College of General Practitioners (RACGP)

Website: www.wonca2023.com.au

The Royal Australian College of General Practitioners (RACGP) is excited to be the official host of the Wonca World Conference 2023. Celebrate the 50th anniversary of the inauguration of Wonca, where it all began... in Australia.

WONCA Sydney Call for Submissions is now OPEN!

Latest Newsletter April 2023



WONCA Membership Individuals & organizations



Young Doctors' Movements



The WONCA Shop

corporate gifts

WITATINE icians of India

ional leadership

are advocacy

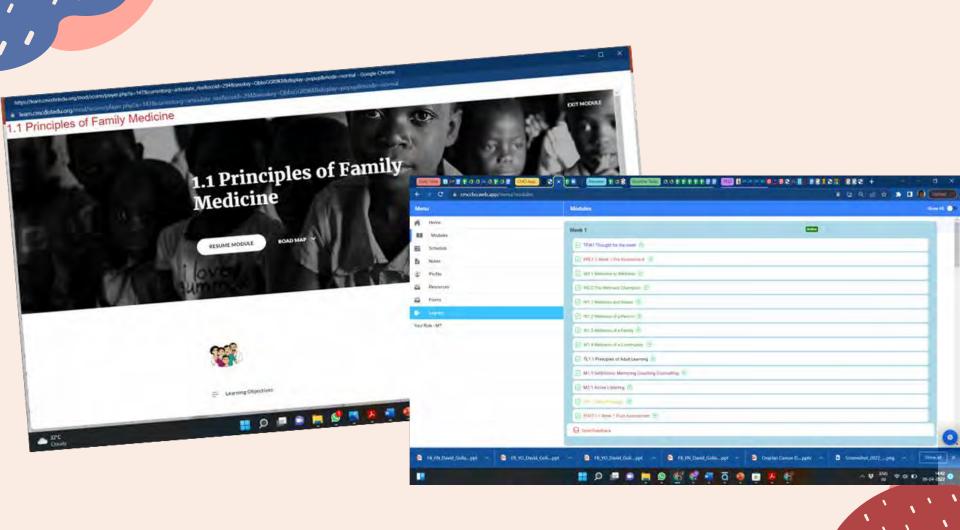
health system

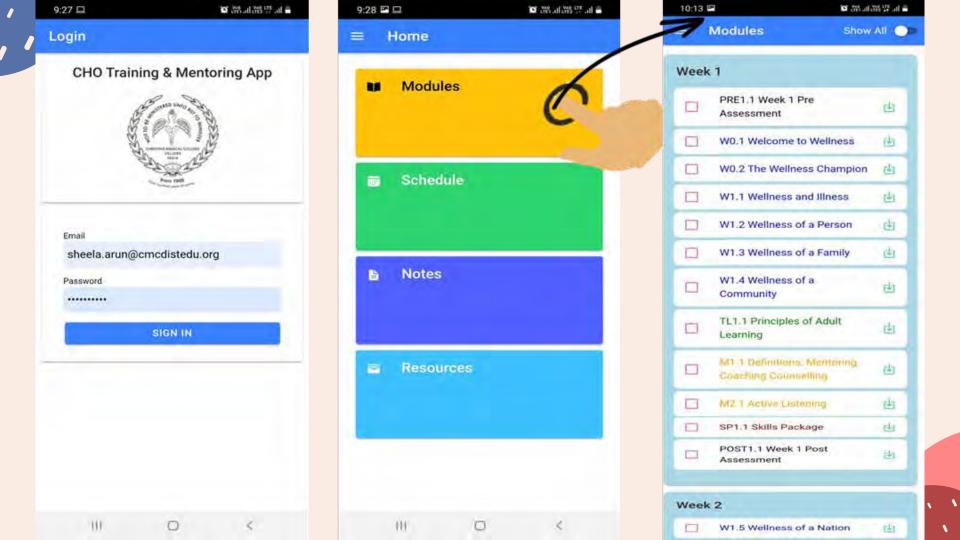
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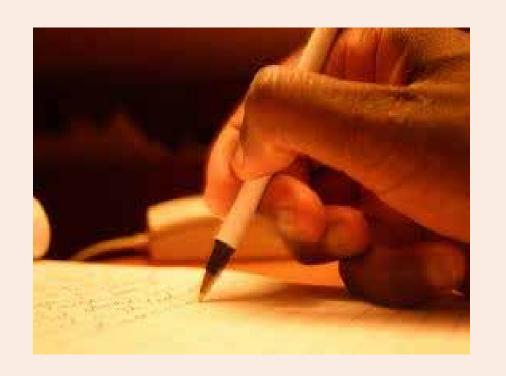




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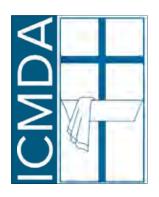
THE IPGDFM Experience

Dr Rebekah

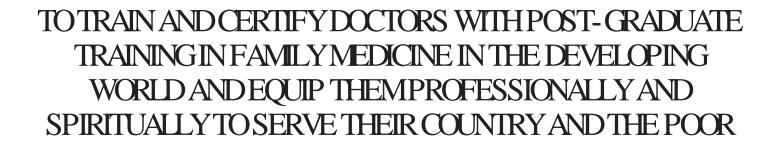








The International Post Graduate Diploma in Family Medicine







DESIGNED TO HONE DISTINCT FAMILY PHYSICIAN ATTITUDES, SKILLS AND KNOWLEDGE THAT QUALIFY THE PHYSICIAN TO PROVIDE CONTINUING. COMPREHENSIVE MEDICAL AND PREVENTIVE CARE TO PATIENTS, FAMILIES AND THEIR COMMUNITIES.

THE *REFER LESS. RESOLVE MORE* MOTTO OF THE COURSE, SHARING HISTORICAL ROOTS TO FAMILY PRACTICE IS A STEP TOWARDS A COST EFFECTIVE, PATIENT CENTERED, PROBLEMORIENTED, EVIDENCE BASED. GLOBAL HEALTH CARE DELIVERY SYSTEM



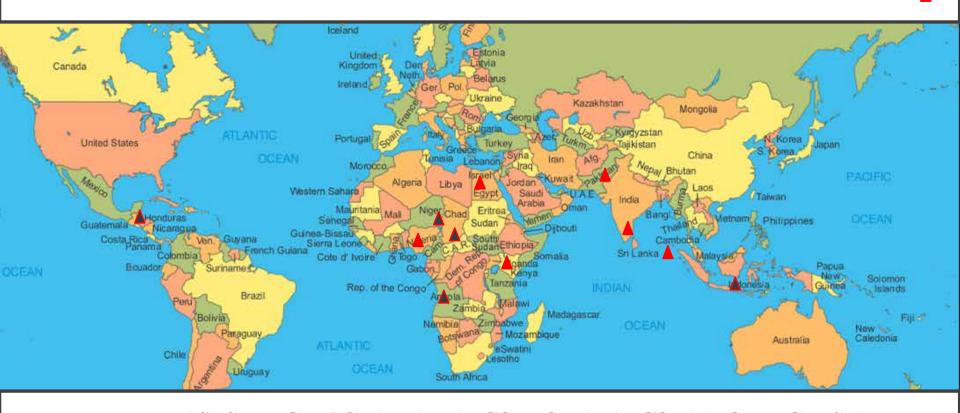
Two year blended learning curriculum

Vital for the training be relevant.

Not just with regards to the course material but making it relevant to the health system in the region.



YEAR 1—EGYPT; NIGERIA; UGANDA; CAMBODIA; INDIA; PAKISTAN



NEXT PHASES - NIGER/ CHAD; (FRANCOPHONE); ANGOLA (PORTUGUESE); INDONESIA; HONDURAS



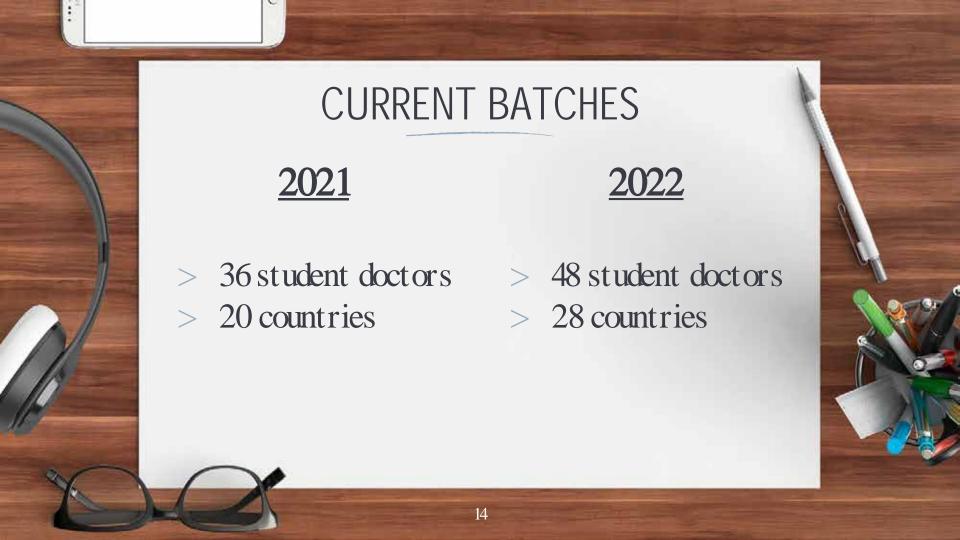


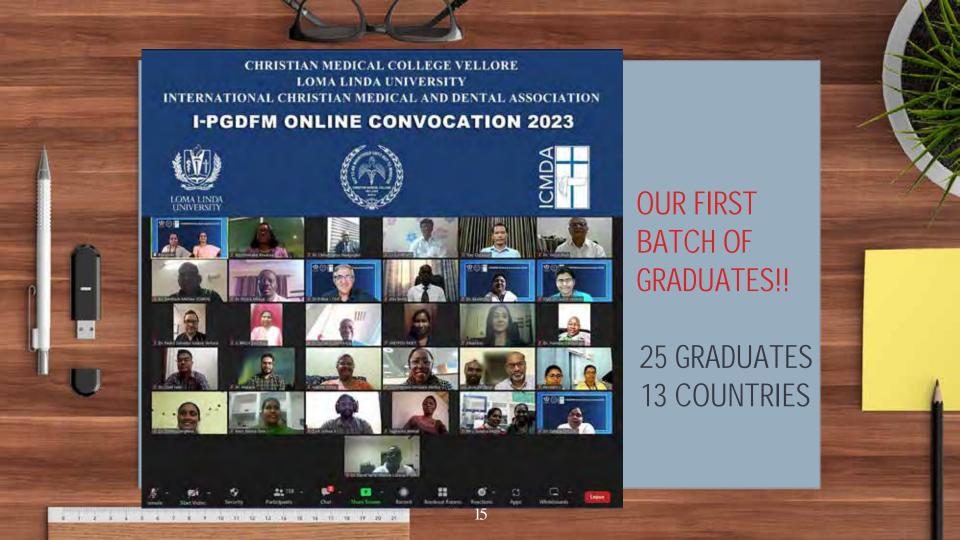


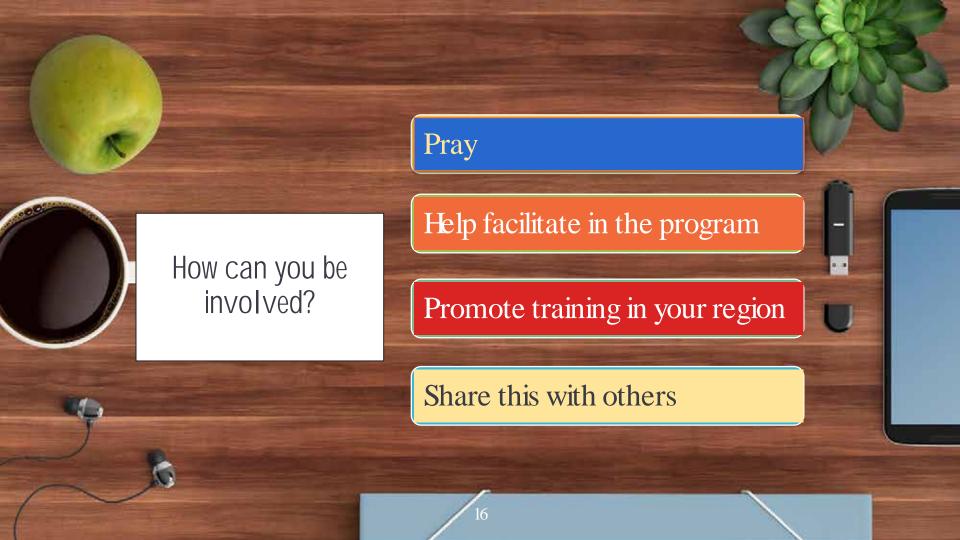














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A Faculty Development Workshop

The practice of Christ-centered Family Medicine is the need of the hour in delivering Christ-centered healthcare all across the world. Health professionals are looking for those skills that will help them see their patients, families and communities as a whole and offer care that is beyond just a clinical assessment

This workshop is designed to equip Family Medicine trainers to become global facilitators for training across the world through the ICMDA platform, which offers an International Family Medicine Course in collaboration with Christian Medical College, Vellore, India and Loma Linda University, USA.

The workshop offers a glimpse into the DNA of Family Medicine practice and teaching, the three-stage assessment process and comprehensive consultation processes and facilitation skills in the practice of Family Medicine. There will be opportunities for those interested in facilitating in the program, to learn more about the course and be involved on a global platform.

If you are passionate about whole-person healthcare and whole-person education, this faculty development workshop for Global Family Medicine Training is for you!

Moderator:



Dr Rebekah Zechariah

Distance Education

